

## Recommended To-Do List

Prepared on: < Insert CMR date >

You can get the best results from your medications by completing the items on this “**To-Do List.**”



Bring your **To-Do List** when you go to your doctor. And, share it with your family or caregivers.

### My To-Do List

|                                                                              |                                                                                                                                                        |
|------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>What we talked about:</b><br>< Insert summary of discussion for topic 1 > | <b>What I should do:</b><br><input type="checkbox"/> < Insert action item for topic 1 ><br><input type="checkbox"/> < Insert action item for topic 1 > |
| <b>What we talked about:</b><br>< Insert summary of discussion for topic 2 > | <b>What I should do:</b><br><input type="checkbox"/> < Insert action item for topic 2 ><br><input type="checkbox"/> < Insert action item for topic 2 > |
| <b>What we talked about:</b><br>< Insert summary of discussion for topic 3 > | <b>What I should do:</b><br><input type="checkbox"/> < Insert action item for topic 3 ><br><input type="checkbox"/> < Insert action item for topic 3 > |
| <b>What we talked about:</b><br>< Insert summary of discussion for topic 4 > | <b>What I should do:</b><br><input type="checkbox"/> < Insert action item for topic 4 ><br><input type="checkbox"/> < Insert action item for topic 4 > |